

Icebreaker

Are you better at short term bursts or long term consistency?

Lie 4: I can't take it anymore.

When have you thought this thought? Can you give an example when the thought was a helpful thought? Can you give an example of when the thought was an incorrect thought?

Sometimes we think this thought because God wants us to take action, but sometimes we think this thought when we really just need to endure.

Truth: Read Romans 8:12-39

What observations do you have from this passage?

On Sunday, we considered these five key truths:

- ◆ I am an adopted child of God.
- ◆ I'm an heir with Christ of a glorious future!
- ◆ I am sustained by my hope and His help.
- ◆ God's good plan for me is guaranteed.
- ◆ Because I am loved!

Think of a time when you have been tempted to think, "I can't take it anymore." Which of these thoughts would be the most encouraging to you in a moment like that?

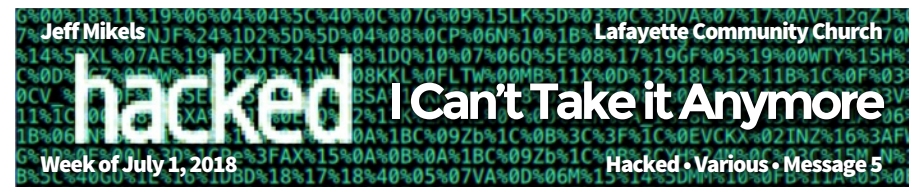
Truth: Read Hebrews 12

The entire chapter of Hebrews 12 is an encouragement for Christians to endure hardship. In many ways it is a reaffirmation of the lessons of Romans 8; however, it is a bit more difficult to understand. Don't get too bogged down in the tiny details, but spend some time as a group discussing what Romans 8 and Hebrews 12 have to say to Christians going through tough times.

Take it Home

God is good. • God is in charge. • God is with me. • I am loved.

How has this series of lessons impacted you?



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